



To help a Veteran in crisis, call the 24 hour Veteran Crisis line at 988 option 1

REGION 4 SERVICE MEMBERS, VETERANS, & FAMILIES RESOURCES

Department of Veteran's Affairs	To identify if individual is eligible for VA services	1-877-222-8387 Monday-Friday 8:00a-8:00p
Homeless Veteran care	<p>We help Veterans who are homeless or at risk of becoming homeless due to financial hardship, unemployment, addiction, depression, or transition from jail. Contact a VA Richmond homeless services care coordinator to get help with:</p> <ul style="list-style-type: none">- Immediate food and shelter, including both transitional and permanent housing- Job training, life skills development, and education- Support with justice system navigation and community re-entry from jail- Financial support to prevent homelessness- Treatment for addiction and depression- Health and dental care	804-675-5000, ext.2041 Monday-Friday 8:00a-4:00p
Virginia Veterans and Family Service	<p>Provides outreach, connection and support to veterans and their families as they address the challenges of military service, transition, deployments, post-traumatic stress, physical injuries, traumatic brain injuries, and/or other behavioral health concerns. (Financial Assistance may be available) *any discharge status, National Guard, and Reservist can receive assistance</p>	Resource Line: 804-229-8240
Department of Veteran's Affairs	Request Military Service Records	https://www.va.gov/records/get-military-service-records/
Military One Source	Free counseling for active services members and families up to one year after separation	https://www.militaryonesource.mil/ 800-342-9647
Tech 4 Troops	Employment readiness, free computers to vets, and peer support through E Games	804-521-7979



HandUp Community Resource Center	Housing resources, food pantry, mentoring, job readiness, certified peer support	804-269-4073
Veteran Community Network of Central Virginia	The VCN of Central Va. offers free support to Veterans, the military, and their families. We work one-on-one with individuals/families to understand their needs, so that we can connect them to the right resources. Our network of veteran resources includes behavioral health services, support during transitions to and within post-military life, housing assistance, end of life care/benefits, and more.	https://www.vcncentralvirginia.com/
Vets on Track Foundation	The Vets on Track Foundation (VoTF) is working to reduce veteran homelessness and suicides by providing holistic care for those transitioning from life on the streets. From transitional housing immediately following homelessness, to full-fledged home furnishings in a permanent home, and continuing mental and social care to inspire our warriors to discover hope, healing, and purpose – we work to ensure every veteran and first responder under our care has the necessary tools to make a successful transition back into their community.	804-424-0593

